

MY MEDICATION LIST

Keep an updated list of the medicines, vitamins, and supplements you take. Include prescription medicines, over-the-counter medicines, vitamins, herbs, and supplements.

Name:

Date Updated:

MEDICATION	STRENGTH	HOW MUCH	WHEN / DIALYSIS	WHAT IT'S FOR	NOTES

IMPORTANT CHANGES

- ☐ New medication
- ☐ Dose changed
- ☐ Medication stopped
- ☐ New vitamin or supplement
- ☐ New instructions from another healthcare professional

Bring an updated medication list to your medical appointments. Check with your healthcare professional or pharmacist before starting, stopping, or changing a medicine or supplement.

