

QUESTIONS FOR MY DIALYSIS TEAM

Use this page to remember what you want to talk about. Check anything that applies, or just write down your question.

WHAT DO I WANT TO TALK ABOUT?

Date:

- ☐ How I've been feeling
- ☐ Something that happened during or after dialysis
- ☐ My target weight or fluid removal
- ☐ My blood pressure
- ☐ My fistula, graft, or catheter
- ☐ My medications
- ☐ My lab results, food, or fluids
- ☐ Something that changed since my last visit
- ☐ Something else

WHAT DO I WANT TO ASK?

SOMETHING I NOTICED

- ☐ Dizziness/lightheadedness ☐ Cramping ☐ Nausea
- ☐ Headache ☐ Unusual tiredness/weakness ☐ Shortness of breath
- ☐ Swelling ☐ Blood pressure concerns ☐ Itching
- ☐ Something else: _____

It happened:

- ☐ Before dialysis ☐ During dialysis ☐ After dialysis ☐ Between treatments

Anything I want my care team to know:

SOMETHING CHANGED

- ☐ A medication or dose
- ☐ Instructions from another healthcare professional
- ☐ ER visit or hospital stay
- ☐ My weight, blood pressure, or swelling
- ☐ My transportation or treatment schedule
- ☐ Something at home that may affect my care
- ☐ Something else: _____

For more dialysis planning tools and patient resources, visit RenalCarePlanner.com.
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QUESTIONS FOR MY DIALYSIS TEAM

Use this page to write down what you learned and what happens next. You do not need to fill in every section.

WHAT DID WE TALK ABOUT?

Date:

WHAT HAPPENS NEXT?

- ☐ Nothing needs to change right now
- ☐ My care team will keep watching it
- ☐ Something in my treatment or care is changing
- ☐ I need to keep track of something
- ☐ I need to talk with another member of my care team
- ☐ I need an appointment or follow-up
- ☐ I'm not sure yet

MY NEXT STEP

MY CARE TEAM'S NEXT STEP

FOLLOW-UP

When:

With:

SOMETHING I STILL WANT TO ASK

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