

Daily treatment tracker

One row per treatment: weights, fluid removed, blood pressure, treatment status, and how you felt.

Name: _____ Month / period: _____

Usual treatment schedule: ☐ Mon / Wed / Fri ☐ Tue / Thu / Sat ☐ Other: _____

My care team’s current target weight / dry weight, if provided: _____ ☐ kg ☐ lb

Weigh at about the same time, in similar clothing, without shoes. Treatment status: write Full, Shortened, Stopped early, or Missed.

Date	Pre-treatment weight	Post-treatment weight	Fluid removed / UF, if told	Blood pressure, if told		Treatment status	How I felt / notes
				Pre	Post		
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One page, not a full record

This page brings together weight, fluid removed, blood pressure, treatment status, and how you felt. It does not set any targets; those numbers come from your care team. For more detail on any one item, see the individual logs at RenalCarePlanner.com/planning-tools.